

CURRICULUM VITAE – RESUME

(Updated September 2015)

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Research Activity

My research activities revolve around the verification of the efficacy, the safety, and the cost-effectiveness of non-pharmacological interventions (NPIs), as well as their impact on patient satisfaction. NPIs consist in exercise methods, physiotherapy programs, nutrition, disease management educational programs and psychotherapy interventions. Targeted populations are patients with chronic diseases (e.g., COPD, cancer, diabetes, depression) or persons at major risk for chronic diseases (e.g., risk of falling). I work on idiographic studies (*quantified self*) and clinical trials, as well as meta-analyses on this topic. I am also involved in the validation of self-reported questionnaires using psychometric standards. My research encompasses concepts such as chronic disease acceptance, quality of life, adherence, anxiety, depression, fatigue, self-esteem and their dynamics over time. The overarching purpose of these activities is to contribute to the improvement of rehabilitation programs and health prevention actions.

Diplomas

Master Degree in Sport Sciences and Health, University of Montpellier, 1993
Master Degree in Psychology, University Paul Valéry Montpellier, 1999
PhD in Sport Sciences and Health, University of Montpellier, 1999
Habilitation to Manage PhD students, University of Montpellier, 2004

Professional Position

Assistant, University of Montpellier, September 1997 to August 1998
Assistant, University of Paris Descartes, September 1998 to August 1999
Lecturer, University of Montpellier, September 1999 to August 2008
Professor, University of Montpellier, September 2008 to date

Management Experience

Director of Master Rehabilitation with APA (University of Montpellier), 2000 to 2012
Director of APA Department (University of Montpellier), 2002 to 2004
Associate Head of Laboratory JE2416 Genie of Symbolic Proceedings, 2003 to 2006
Associate Head of Laboratory EA4206 Addictive, Perf. & Health Behaviors, 2007 to 2008
Head of Laboratory EA4206 Addictive, Performance and Health Behaviors, 2009 to 2010
Executive Director of Research Unit EA4556 Epsilon, 2011 to February 2015
Associate Head of Human Science program of SIRIC Montpellier Cancer, 2013 to date
Executive Director of Platform CEPS, a Methodological Platform for NPIs, 2011 to date

Teaching Experience

Licence, Master and PhD in Sport Sciences and Health, Psychology, Medical Faculties
Universities of Montpellier, Paris Descartes, Nice, Toulouse, Bordeaux, Brussels, Leuven
Topics: Exercise, Rehabilitation, Psychotherapy, Disease Management, Behavioral Change
Methods: Psychometrics and Brief Instruments; Non-Pharmacological Trials
Professional Masters Degree Direction: 72 (Sport Sciences, Psychology)
Research Masters Degree Direction: 16 (Sport Sciences, Psychology)
PhD Direction or co-direction: 12 (Sport Sciences, Psychology, Public Health)

Clinical Experience

Adapted Physical Activity Teacher for patients with chronic disease, 1992 to 1996
Psychologist for patients with chronic respiratory disease, 2002 to 2015

Research Experience

Expert for several grants for Rehabilitation and Health Prevention programs
Expert for several Journals specialized in NPIs and chronic diseases
Jury Member for 21 PhD defenses, 3 HDR defenses, 3 Medicine Theses, 1 Pharmacy Thesis
112 Scientific and Medical Articles and 38 General Press Articles
10 Books and 17 Book Chapters
98 Communications and 61 Posters at Scientific Conferences
6 Original or Cross-cultural Validation studies of Self-Reported Questionnaires
9 Main Grants obtained (French Health Ministry, French Respiratory Society, National League against Cancer, National Research Institute of Cancer, Reg-Nation-European Fund)

Scientific Works on the Efficacy of Non-Pharmacological Interventions

2 Proof of Concept Clinical Trials
6 Randomized Controlled Trials
4 State of the Art
1 Systematic Review and 3 Meta-analyses
6 Tools Validation

International experience

Internships: Bristol University (Ken Fox), Montreal Universities (Kim Lavoie, Simon Bacon, Jean Bourbeau), Florida Atlantic University (Pr. Robin Vallacher), International Agency of Research on Cancer (Pr. Isabelle Romieu), Saint George Hospital London (Pr. Paul Jones)

Valuation

Designer or Associate Designer of Health Prevention Programs and networks for patients with chronic diseases or at-risk for chronic diseases (e.g., “Ecole des Sages” program, “Resolution 50” program, “PEM-ES” program, “AIR+R” health care regional network).
 Questionnaire psychometric validations (e.g., VQ11, ISP25, ISP6, CESD-brief).
 Participation in consensus conferences of the French Society for Respiratory Medicine
 Creation of an International Conference on the Efficacy on NPIs, iCEPS [icepsconference](#)
 Creation of a French/English Blog on the Efficacy on NPIs [blogensante.fr](#)
 Founder and First Executive Director of an interdisciplinary lab crossing human and health sciences [lab-epsylon.fr](#)
 Founder and Current Executive Director of a Methodological Platform Dedicated to Verify the Efficacy of Non-Pharmacological Interventions [platformCEPS.eu](#)

Award

Best article 2010 in *Revue des Maladies Respiratoires* (French Respiratory Society)

Books

- 1 – Brunet, F., Ninot, G. (1999). *Déficience intellectuelle et compétition sportive: Evolution, représentations et perspectives*. Grasse: Sport, Sciences, Diffusion.
- 2 – Ninot, G., Maïano, C. (2001). *Eléments pour la construction d'un projet d'éducation physique en Institut Médico-Educatif*. Grasse: Sport, Sciences, Diffusion.
- 3 – Varray, A., Bilard, J., Ninot, G. (2001). *Enseigner et animer les APA*. Paris: Revue EPS.
- 4 – Bernard, P.-L., Ninot, G. (2002). *Les déficiences motrices*. Paris: Revue EPS.
- 5 – Ninot, G., Maïano, C., Bernard, P.-L. (2004). *Guide de l'étudiant en APA*. Grasse: Sport, Sciences, Diffusion.
- 6 – Ninot, G. (2005). *L'estime de soi: fruit d'un système complexe*. Grasse: Sport, Sciences, Diffusion.
- 7 – Ninot, G., Partyka, M. (2007). *50 bonnes pratiques pour enseigner les APA*. Paris: Revue EPS.
- 8 – Préfaut, C., Ninot, G. (2009). *La réhabilitation du malade respiratoire chronique*. Paris: Masson.
- 9 – Ninot, G. (2013). *Démontrer l'efficacité des interventions non médicamenteuses: Question de points de vue*. Montpellier: PULM.
- 10 – Ninot, G. (2014). *Preventions of Chronic Diseases: A Look at Secondary and Tertiary Prevention*. Paris: Abbie Editions.

Book Chapters

- 1 – Ninot, G., Bilard, J. (1995). Les mécanismes d'adaptations physique et psychique des adolescentes déficientes intellectuelles face aux compétitions sportives adaptées. In: Y.Eberhard (Ed.), *Déficience mentale. La condition physique pour l'intégration sociale* (pp.224-236). Grenoble: Collection Grenoble Sciences, Université J.Fourier.
- 2 – Ninot, G., Brunet, F. (1996). Analyse scientifique du leader en Sport Adapté. In : M.Lordblanchet (Ed.), *Conduire une équipe sportive, quels leaders ?* (pp.43-55). Clermont-Ferrand: ACTA.
- 3 – Ninot, G., Bilard, J. (1999). Les effets de la mise en projet sportif dans la réhabilitation d'adolescents déficients intellectuels. In : Y.Pélissier (Ed.), *Sport et handicap* (pp. 7-11). Paris: Masson.
- 4 – Ninot, G. (2001). Faut-il interdire la compétition sportive pour les personnes handicapées mentales ? In : A.Varray, J.Bilard G.Ninot (Eds.), *Enseigner et animer les APA?* (pp. 164-174). Paris: Dossier EPS – Revue EPS.

- 5 – Ninot, G. (2004). Caractéristiques psychologiques du vieillissement. In : P.Bernard, C.Jeandel et O.Seynes (Eds.), *Aptitude physique, santé et vieillissement* (pp.164-174). Montpellier: Editions Sauramps Médical.
- 6 – Gernigon, C., Ninot, G. (2005). La compétence : un sentiment personnel. In : J.-L.Ubaldi (Ed.), *Les compétences* (pp. 45-62). Paris: Revue EPS.
- 7 – Ninot, G., Fortes, M., Delignières, D. (2006). The dynamics of self-esteem. In : A.P.Prescott (Ed.). *The concept of self in education, family and sports* (pp. 115-152). New York: Nova Science Publishers, Inc.
- 8 – Ninot, G. (2008). Évaluation de la dyspnée, de la qualité de vie et de la dépression : qu'en attendre ? In : D.Piperno, P.Surpas et N.Postel-Vinay. *Réhabilitation respiratoire* (pp. 69-87). Paris: IMOTHEP.
- 9 – Ninot, G. (2009). Etude intra-individuelle de l'estime de soi. In A. De Ribaupierre, P. Ghisletta, T. Lecerf et J-L Roulin (Eds). *Identité et spécificités de la psychologie différentielle* (pp. 201-205). Rennes: Presses Universitaires de Rennes.
- 10 – Ninot, G., Bégarie, J., Maïano, C. (2010). Le sport : un vecteur d'autonomie, de prévention et d'éducation pour la santé ? In M.-C.Haelewyck et H.Gascon (Eds). *Adolescence et Retard Mental* (pp. 149-158). Bruxelles: De Boeck.
- 11 – Ninot, G., Moullec, G., Bernard, P. (2011). Complémentarité entre activité physique adaptée et accompagnement psychologique dans les maladies chroniques : l'exemple de la BPCO. In G.Décamps (Ed.). *Psychologie du Sport et de la Santé* (pp. 233-249). Bruxelles: De Boeck.
- 12 – Fortes, M., Ninot, G., (2012). Appropriation par les STAPS de l'approche dynamique en psychologie sociale. In M.Quidu (Ed.), *Les sciences du sport en mouvement. Innovations et traditions théoriques en STAPS* (pp. 65-90). Paris: L'Harmattan.
- 13 – Monthuy-Blanc, J., Morin, A.J.S., Pauzé, R., Ninot, G. (2012). Directionality of the relationships between global self-esteem and physical self components in anorexic outpatient girls: An in-depth idiographic analysis. In Gotsirize-Columbus N. (Ed.), *Advances in Psychology Research*. New York, NY: Nova Science Publishers.
- 14 – Ninot, G. (2012). Autonomie physique et amélioration de la qualité de vie du sujet âgé. In Mateu, J., Reynier, M., Vialla, F. Les assises du corps transformé : Le corps vieillissant. Paris: Broché.
- 15 – Ninot, G. (2013). Témoigner. In AIR+R (Ed.), *Maladies respiratoires : un nouveau souffle, des patients témoignent* (pp. 1-6). Montpellier, Epsilon Event.
- 16 – Ninot, G. (2013). La qualité de vie liée à la santé dans les maladies chroniques. In F.Bacro (Ed.), *La qualité de vie : approches psychologiques*. Rennes : Presses Universitaires de Rennes.
- 17 – Vachon, H., Thomas-Ollivier, V., Ninot, G., Fortes, M. (2014). Intérêts et implications thérapeutiques de l'approche dynamique. L'exemple de l'estime de soi. In M.Quidu (Ed.), *Les sciences du sport en mouvement. Innovations et traditions théoriques en STAPS*, tome 2 (pp. 43-55). Paris: L'Harmattan.

Journal Articles

- 1 – Ninot, G., Bilard, J., Brunet, F. (1998). Sport meets for adolescents with intellectual disability. *European Review on Mental Disability*, 17(5), 10-26.
- 2 – Ninot, G., Bilard, J., Delignières, D., Sokolowski, M. (1999). Le sport chez les adolescents en échec scolaire : Facteur de valorisation ? *Annales Médico-Psychologiques*, 157(4), 245-252.
- 3 – Ninot, G., Bilard, J., Delignières, D., Sokolowski, M. (1999). Etude des répercussions sur deux années de rencontres sportives sur le sentiment de compétence d'adolescents déficients intellectuels. *Neuropsychiatrie de l'Enfance et de l'Adolescence*, 47(9), 403-410.
- 4 – Ninot, G., Bilard, J., Delignières, D., Sokolowski, M. (2000). La survalorisation du sentiment de compétence de l'adolescent déficient intellectuel en milieu spécialisé. *Revue Européenne de Psychologie Appliquée*, 50(1), 165-173.

- 5 – Maïano, C., Ninot, G., Errais, B., Benattar, B. (2000). Répercussions de compétitions sportives alternées sur l'illusion de compétence d'adolescents déficients intellectuels. *Revue Francophone de la Déficience Intellectuelle*, 11(2), 149-158.
- 6 – Ninot, G., Delignières, D., Fortes, M. (2000). L'évaluation de l'estime de soi dans le domaine corporel. *STAPS*, 53, 35-48.
- 7 – Maïano, C., Ninot, G., Errais, B. (2000). Staff image for adolescents with learning disabilities in an institutional setting. *European Review on Mental Disability*, 21, 32-41.
- 8 – Ninot, G., Bilard, J., Sokolowski, M. (2000). Athletic competition: A means of improving the self-image of the mentally retarded adolescent? *International Journal of Rehabilitation Research*, 23(2), 111-117.
- 9 – Ninot, G., Bilard, J., Delignières, D., Sokolowski, M. (2000). The effects of sport participation in perceived competence for mentally retarded adolescents. *Adapted Physical Activity Quarterly*, 17, 184-197.
- 10 – Ninot, G., Fortes, M., Delignières, D. (2001). A psychometric tool for the assessment of the dynamics of the physical self. *European Review of Applied Psychology*, 51(3), 205-216.
- 11 – Maïano, C., Ninot, G., Errais, B. (2001). Effects of alternated sport competition in perceived competence for adolescent males with mild and moderate mental retardation. *International Journal of Rehabilitation Research*, 24(1), 51-58.
- 12 – Ninot, G., Barbin, J.-M., Bilard, J. (2001). Pratiques sportives et évolution du sentiment de compétence d'élèves placés en établissements spécialisés. *Revue Francophone de la Déficience Intellectuelle*, 12(2), 121-132.
- 13 – Ninot, G., Jean, J., Bilard, J. (2002). Influence de l'actualité sur le nombre d'appels au Numéro Vert Ecoute Dopage. *Alcoologie et Addictologie*, 24(2), 135-141.
- 14 – Maïano, C., Ninot, G., Bruant, G. (2002). Compétitions sportives alternées et auto-illusion de compétence physique d'adolescents en échec scolaire. *Sciences Sociales et Santé*, 20(2), 39-58.
- 15 – Maïano, C., Ninot, G., Bruant, G., Bilard, J. (2002). Effects of alternated basketball competition on perceived competence in adolescents with intellectual disabilities over a period of 13 months. *International Journal of Disability, Development and Education*, 49(4), 413-420.
- 16 – Ninot, G., Fortes, M., Leymarie, S., Brun, A., Poulain, M., Desplan, J., Varray, A. (2002). Effects of an intensive period inpatient rehabilitation program on the perceived physical self in moderate COPD patients. *International Journal of Rehabilitation Research*, 25(1), 51-55.
- 17 – Maïano, C., Ninot, G., Bilard, J., Albernhe, T (2002). Outcome of specialized schooling on self-esteem in adolescents with severe learning difficulties and conduct disorders. *European Review of Applied Psychology*, 52(2), 103-118.
- 18 – Stephan, Y., Bilard, J., Ninot, G., Delignières, G. (2003). Repercussions of transition out elite sport on subjective well-being: A one-year study. *Perceptual and Motor Skills*, 96, 95-104.
- 19 – Minelli, S., Ninot, G., Kozub, F. M., De Potter, J.-C. (2003). Dynamic of global self-esteem and the physical self in adolescents with Spina Bifida. *International Journal of Rehabilitation Research*, 26(4), 313-316.
- 20 – Maïano, C., Ninot, G., Bruant, G., Benattar, B. (2003). Répercussions du placement en établissement spécialisé sur le sentiment de compétence d'adolescents en échec scolaire. *Canadian Psychology / Psychologie Canadienne*, 44(2), 139-151.
- 21 – Stephan, Y., Bilard, J., Ninot, G., Delignieres, D. (2003). Repercussions of transition out of elite sport on subjective well-being: A one year study. *Journal of Applied Sport Psychology*, 15(4), 372-390.
- 22 – Ninot, G., Brun, A., Queiras, G., Segi, A., Moullec, G., Desplan, J. (2003). L'accompagnement psychologique dans la réhabilitation de broncho-pneumopathes chroniques obstructifs. *Revue des Maladies Respiratoires*, 20, 549-557.
- 23 – Stephan, Y., Bilard, J., Ninot, G., Delignieres, D. (2003). Bodily transition out of elite sport: A one year study of physical self and global self-esteem among transitional athletes. *International Journal of Sport and Exercise Psychology*, 2, 192-207.

- 24 – Ninot, G., Bleyenheuft, L., Bleyenheuft, C., Warnery, A., Desplan, J. (2003). Alcoolodépendants sevrés : Effets d'un passage en moyen séjour sur l'état dépressif et l'estime de soi. *Alcoolologie et Addictologie*, 25(4), 289-294.
- 25 – Maïano, C., Ninot, G., Bilard, J., Albernhe, T. (2003). Effet de la scolarisation dans une classe spécialisée ou dans un institut de rééducation sur l'estime globale de soi et les compétences physiques perçues de garçons et de filles en échec scolaire et présentant des troubles du comportement. *Revue de Psychoéducation*, 32(2), 327-347.
- 26 – Ninot, G., Fortes, M., Delignières, D., Maïano, C. (2004). The dynamic adjustment of physical self in adults overtime. *Individual Differences Research*, 2(2), 137-151.
- 27 – Gernigon, C., d'Arripe-Longueville, F., Delignières, D., Ninot, G. (2004). Dynamics of goal involvement states and of their relationships in sport: A quantitative and qualitative idiosyncratic study. *Journal of Sport and Exercise Psychology*, 26, 572-596.
- 28 – Fortes, M., Delignières, D., Ninot, G. (2004). The dynamics of self-esteem and physical self: Between preservation and adaptation. *Quality and Quantity*, 38, 735-751.
- 29 – Ninot, G., Kozub, F.M. (2004). Physical education viewpoints for adolescents with mental retardation from France and the United States of America. *European Review on Mental Disability*, 28, 28-44.
- 30 – Maïano, C., Ninot, G., Bilard, J. (2004). Age and gender effects on global self-esteem and physical self-perception for adolescents. *European Physical Education Review*, 10(1), 53-69.
- 31 – Maïano, C., Ninot, G., Bilard, J. (2004). Évaluation de la pratique sportive comme outil de valorisation d'élèves présentant des troubles du comportement. *Annales Médico-Psychologiques*, 162(2), 110-115.
- 32 – Fortes, M., Ninot, G., Leymarie, S., Delignières, D. (2004). The hierarchical structure of the physical self: An idiographic and cross-correlational analysis. *International Journal of Sport and Exercise Psychology*, 2, 119-132.
- 33 – Delignières, D., Fortes, M., Ninot, G. (2004). The fractal dynamics of self-esteem and physical self. *Nonlinear Dynamics, Psychology and Life Sciences*, 8, 479-510.
- 34 – Maïano, C., Ninot, G., Bilard, J., Benattar, B., Bégarie, J. (2004). Effets de rencontres alternées en basket-ball sur l'auto-illusion de compétence « physique » d'adolescents déficients intellectuels. *Revue de Psychoéducation*, 33, 305-320.
- 35 – Stephan, Y., Bilard, J., Ninot, G. (2005). L'arrêt de la carrière sportive de haut niveau : un phénomène dynamique et multidimensionnel. *Science et Motricité*, 54, 36-62.
- 36 – Martinez, D., Bilard, J., Ninot, G. (2005). L'intervention clinique dans le champ de la prévention et de la lutte contre le dopage. *Bulletin de Psychologie*, 58, 133-136.
- 37 – Fortes, M., Ninot, G., Delignières, D. (2005). ARIMA procedures: Interests for APA. *Adapted Physical Activity Quarterly*, 22, 221-236.
- 38 – Ninot, G., Bilard, J., Delignières, D. (2005). Effects of integrated or segregated sport participation on the physical self for adolescents with mental retardation. *Journal of Intellectual Disability Research*, 49(9), 682-689.
- 39 – Ninot, G., Fortes, M., Delignières, D. (2005). The dynamics of self-esteem in adults over a six-month period: An exploratory study. *Journal of Psychology*, 139, 315-330.
- 40 – Lemoigne, F., Desplan, J., Lonsdorfer, E., Lonsdorfer, J., Miffre, C., Perruchini, J.-M., Chabry, E., Barel, P., Bernady, A., Ninot, G., Lemaitre, N., Chouaid, C. (2005). Question 5. Stratégies de la réhabilitation respiratoire. *Revue des Maladies Respiratoires*, 22, 7S100-7S111.
- 41 – Maïano, C., Ninot, G., Stephan, Y., Morin, J.S., Florent, J.-F., Vallée, P. (2006). Geographical region effect on male's and female's physical self: an exploratory study. *International Journal of Psychology*, 41(2), 73-84.
- 42 – Delignieres, D., Ramdani, S., Lemoine, L., Torre, K., Fortes, M., Ninot, G. (2006). Fractal analyses for 'short' time series: A re-assessment of classical methods. *Journal of Mathematical Psychology*, 50(6), 525-544.

- 43 – Ninot, G., Fortes, M., Delignières, D. (2006). Validation of a shortened instrument for assessing the dynamics of the global self-esteem and physical self in adults. *Perceptual and Motor Skills*, 103, 531-542.
- 44 – Ninot, G., Fortes, M., Poulain, M., Brun, A., Desplan, J., Préfaut, C., Varray, A. (2006). Effect of inpatient rehabilitation program on coping strategies in chronic obstructive pulmonary disease patients. *Heart and Lung*, 35(2), 130-136.
- 45 – Ninot, G., Connes, P., Caillaud, C. (2006). Effects of erythropoietin on physical self in endurance athletes. *Journal of Sports Sciences*, 24, 383-391.
- 46 – Ninot, G., Maïano, C. (2007). Long-term effects of athletics meet on the perceived competence of individuals with intellectual disabilities. *Research in Developmental Disabilities*, 28, 176-186.
- 47 – Ninot, G., Moullec, G., Desplan, J., Préfaut, C., Varray, A. (2007). Daily functioning of dyspnoea and perceived physical condition before, during, and after a rehabilitation period in patients with moderate COPD. *Disability and Rehabilitation*, 29(22), 1671-1678.
- 48 – Maïano, C., Ninot, G., Morin, A., Bilard, J. (2007). Long-term effects of athletic competition on basketball skills and self-perceptions of adolescents with conduct disorders. *Adapted Physical Activity Quarterly*, 24, 178-196.
- 49 – Moullec, G., Ninot, G., Desplan, J., Préfaut, C., Varray, A. (2007). Effet de la post-réhabilitation chez des personnes broncho-pneumopathes chroniques obstructives. *Revue des Maladies Respiratoires*, 24, 121-32.
- 50 – Ninot, G., Fortes, M. (2007). Etudier la dynamique des construits en psychologie sociale. *Science et Motricité*, 1, 11-42.
- 51 – Barbin, J.-M., Ninot, G. (2008). Outcomes of skiing stage on physical self in spinal cord injuries participants. *International Journal of Rehabilitation Research*, 31(1), 59-64.
- 52 – Maïano, C., Morin, A., Ninot, G., Monthuy-Blanc, J., Stephan, Y., Florente, J.F., Vallée, P. (2008). A Short and Very Short Form of the Physical Self-Inventory for adolescents: Development and Factor Validity. *Psychology of Sport and Exercise*, 9, 830-847.
- 53 – Moullec, G., Ninot, G., Varray, A., Hayot, M., Desplan, J., Préfaut, C. (2008). Benefits of a self-help association after respiratory rehabilitation. *Respiratory Medicine*, 102(4), 556-566.
- 54 – Monthuy-Blanc, J., Ninot, G., Morin, A., Pauzé, R., Guillaume, S., Rouvière, N., Campredon, S. (2008). Utilité d'un carnet quotidien de suivi dans la thérapie de l'anorexie mentale. *Journal de Thérapie Comportementale et Cognitive*, 18, 148-156.
- 55 – Le Bars, H., Gernigon, C., Ninot, G. (2009). Personal and contextual determinants of elite young athletes' persistence or dropping out over time. *Scandinavian Journal of Medicine and Sport Science*, 19, 274-285.
- 56 – Maïano, C., Bégarie, J., Morin, A., Ninot, G. (2009). Assessment of Physical Self-Concept in Adolescents with Intellectual Disability: Content and Factor validity of the very short form of the Physical Self-Inventory. *Journal of Autism and Developmental Disorders*, 39, 775-787.
- 57 – Bégarie, J., Maïano, C., Ninot, G., Azéma, B. (2009). Prévalence du surpoids et de l'obésité chez des pré-adolescents, adolescents et jeunes adultes présentant une déficience intellectuelle scolarisés dans les instituts médico-éducatifs du Sud-Est de la France : une étude exploratoire. *Revue d'Epidémiologie et de Santé Publique*, 5, 337-345.
- 58 – Maïano, C., Bégarie, J., Morin, A., Garbarino, J.-M., Ninot, G. (2010). Construct validity of the nutrition and activity knowledge scale in a French sample of adolescents with mild to moderate intellectual disability. *Research in Developmental Disabilities*, 31(1), 232-242.
- 59 – Ninot, G., Delignières, D., Varray, A. (2010). Stability of physical self: examining the role of chronic obstructive pulmonary disease. *European Review of Applied Psychology*, 60, 35-40.
- 60 – Moullec, G., Ninot, G. (2010). Emotional and functional dimensions of quality of life in COPD patients: is distinction necessary? *Clinical Rehabilitation*, 24, 122-136.

- 61 – Ninot, G., Soyez, F., Fiocco, S., Nassih, K., Morin, A., Préfaut, C. (2010). Le VQ11, un questionnaire de qualité de vie spécifique à la BPCO utilisable en clinique. *Revue des Maladies Respiratoires*, 27, 472-481.
- 62 – Aguilaniu, B. (...), Ninot, G. (...), Wallaert, B. (2010). Évaluation de l'anxiété et de la dépression. In Recommandations de la Société de Pneumologie de Langue Française sur la prise en charge de la BPCO (pp.S39-S45). *Revue des Maladies Respiratoires*, 27, S1-S76.
- 63 – Bégarie, J., Maïano, C., Ninot, G. (2011). Concept de soi physique et adolescents présentant une déficience intellectuelle : effets de l'âge, du genre et de la catégorie de poids. *Revue Canadienne de Psychiatrie*, 56(3), 179-186.
- 64 – Ninot, G., Costalat-Founeau, A.-M. (2011). Psychologie sociale et temporalité. *Psychologie Française*, 56, 31-44.
- 65 – Moullec, G., Maïano, C., Morin, J.S., Monthuy-Blanc, J., Rosello, L., Ninot, G. (2011). A Very Short Visual Analog Form of the Center for Epidemiologic Studies Depression Scale (CES-D) for the Idiographic Measurement of Depression. *Journal of Affective Disorders*, 128, 220-234.
- 66 – Bilard, J., Ninot, G., Hauw, D. (2011). Motives for illicit use among athletes phoning to a national anti-doping call center: An exploratory study. *Substance Use & Misuse*, 46(4), 359-367.
- 67 – Ninot, G., Moullec, G., Picot, M.C., Jaussent, A., Desplan, M., Brun, J.F., Mercier, J., Hayot, M., Préfaut, C. (2011). Cost-saving effect of supervised exercise associated to COPD self-management education program. *Respiratory Medicine*, 105, 377-385.
- 68 – Ninot, G. (2011). L'anxiété et la dépression associées à la BPCO : Une revue de question. *Revue des Maladies Respiratoires*, 28, 739-748.
- 69 – Charles, C., Sultan, S., Ninot, G. (2011). Représentations et observance des traitements par corticostéroïdes inhalés dans l'asthme. *Revue des Maladies Respiratoires*, 28, 626-635.
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